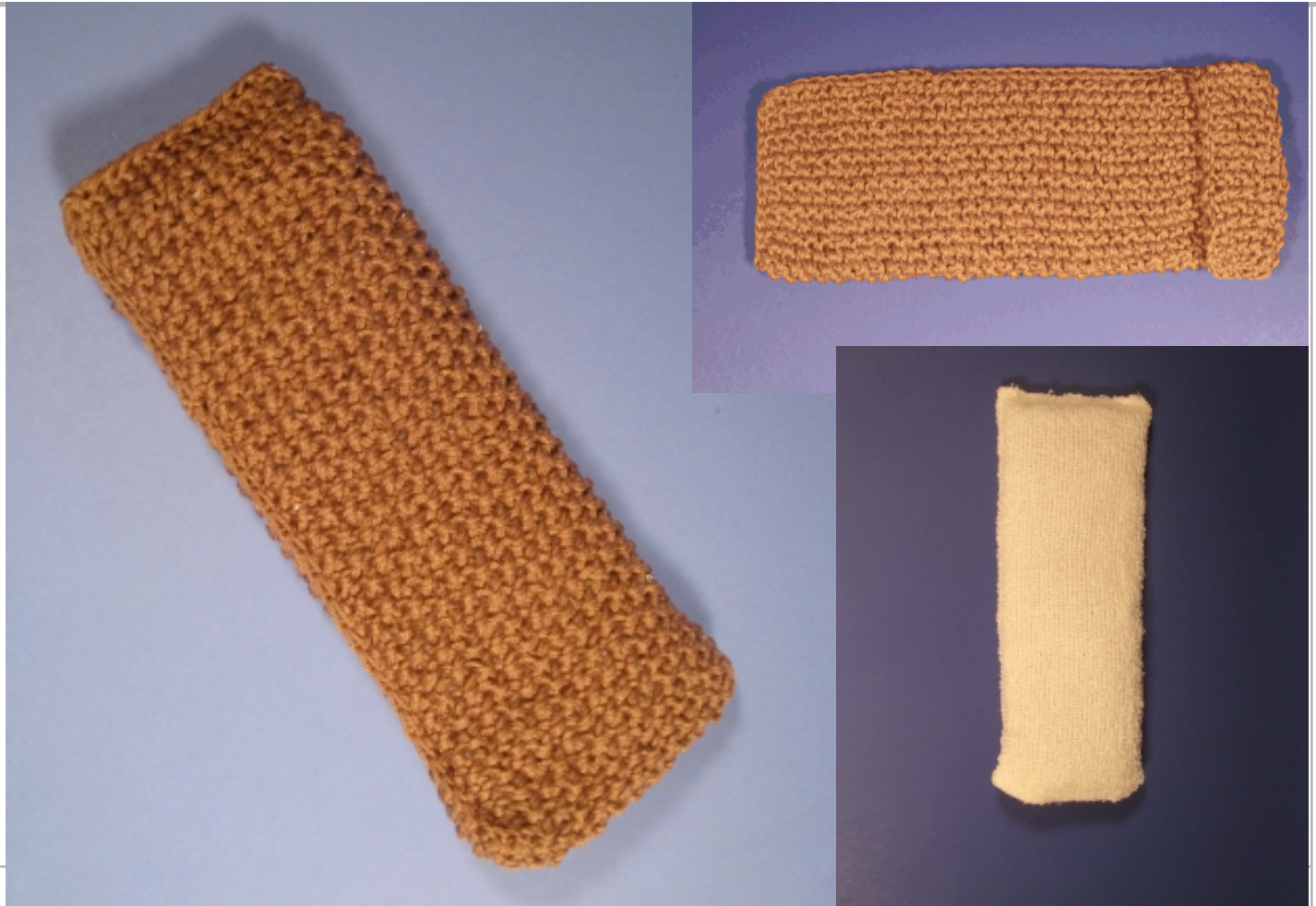


# Very EZ Eye Pillow

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Very EZ Eye Pillow was designed by [knitvana.com](http://knitvana.com)

To knit this eye pillow you can use any soft yarn. You can use cotton yarn leftovers, or something fancy like Bernat Organic yarn or Bernat Bamboo yarn. You can also use needles of any size, just follow our instructions below on calculating how many stitches you'll need. The width of finished pillow is 4 inches (10 centimeters). The length of our pillow is 10.5 inches (27 centimeters), but you can make it shorter or longer if you want.

When you finish knitting, sew the eye pillow together, sew a cotton bag, fill it with organic rice or beans and put it in the knitted pillow case.

You can heat the pillow in a microwave oven - it will help you to relax.

## How Many Stitches?

Cast on 12 stitches. Knit Rows 1,3: (1K, 1P)\* and Rows 2,4: (1P, 1K)\*

Measure 10 stitches in the middle in inches or millimeters



In the chart find the number of stitches.

### Very EZ Eye Pillow (1 detail)

- Cast on your number of stitches.

### If you have an even number of stitches:

- Odd rows: (1K, 1P)\*
- Even rows: (1P, 1K)\*

### If you have an odd number of stitches:

- Odd rows: (1K, 1P)\*
- Even rows: (1K, 1P)\*

### Everybody:

- Knit the desirable length.
- Close a half of the row
- Knit one more inch
- Close all



Inches	mm	Stitches
1 0 /8	25	75
1 1 /8	28	67
1 2 /8	31	60
1 3 /8	34	55
1 4 /8	38	50
1 5 /8	41	47
1 6 /8	44	43
1 7 /8	47	40
2 0 /8	50	38
2 1 /8	53	36
2 2 /8	56	34
2 3 /8	59	32
2 4 /8	63	30
2 5 /8	66	29
2 6 /8	69	28
2 7 /8	72	27
3 0 /8	75	25
3 1 /8	78	24
3 2 /8	81	24
3 3 /8	84	23
3 4 /8	88	22
3 5 /8	91	21
3 6 /8	94	20
3 7 /8	97	20
4 0 /8	100	19
4 1 /8	103	19
4 2 /8	106	18
4 3 /8	109	18
4 4 /8	113	17
4 5 /8	116	17
4 6 /8	119	16
4 7 /8	122	16
5 0 /8	125	15
5 1 /8	128	15
5 2 /8	131	15
5 3 /8	134	14
5 4 /8	138	14
5 5 /8	141	14
5 6 /8	144	14
5 7 /8	147	13
6 0 /8	150	13